

# CLINICAL AND TRANSLATIONAL SCIENCE (CTS) SCHOLARS PROGRAM



2018-2019

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## Welcome

Welcome to the Institute for Clinical Research Education (ICRE) at the University of Pittsburgh, and to your Clinical and Translational Science (CTS) Scholars Program (KL2). This program, offered by the ICRE and the Clinical and Translational Science Institute (CTSI), provides individualized, competency-based training in rigorous research methodologies for the design and conduct of high-quality translational research. The CTS Scholars Program provides courses, seminars, workshops, and experiential training to build essential translational research skills in team science, leadership, stakeholder engagement, communication, and moving innovations to commercialization.

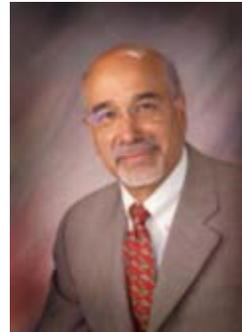
This handbook points you to important information that will help you throughout your time at the ICRE. However, it is likely you will have questions that are not answered here. Do not hesitate to contact any of us to let us know how we can be of help.

## Contact Information

### Program Faculty & Staff

#### Leadership/Advisors:

Wishwa N. Kapoor, MD, MPH  
*Program Director*  
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## Staff:

### **Lindsay Bell**

Program Coordinator  
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Pittsburgh, PA 15213  
(p) 412-864-3324  
(f) 412-586-9672  
[belllf@upmc.edu](mailto:belllf@upmc.edu)

**Responsible for:** General administrative support to faculty and trainees.

### **Cierra Jenkins**

Fiscal Specialist  
200 Meyran Avenue, Suite 300  
Pittsburgh, PA 15213  
(p) 412-586-9670  
(f) 412-586-9672  
[Cdj16@pitt.edu](mailto:Cdj16@pitt.edu)

**Responsible for:** Financial administration of research and career development funds.

### **Megan Miller, MEd**

ICRE Administrative Director  
200 Meyran Avenue, Suite 300  
Pittsburgh, PA 15213  
(p) 412-692-2018  
(f) 412-586-9672  
[messt82@pitt.edu](mailto:messt82@pitt.edu)

**Responsible for:** Financial, regulatory, and personnel administration of the ICRE.

## Scholars

### Alison Culyba

[Alison.culyba@chp.edu](mailto:Alison.culyba@chp.edu)

**School:** Medicine; **Department:** Adolescent Medicine

Alison Culyba joins us from the Children's Hospital of Philadelphia as a faculty in the division of adolescent medicine at the University of Pittsburgh. Her overarching research is youth violence prevention, focusing on strength-based and community engaged strategies to reduce youth violence in underrepresented urban communities.

### Morgan Fedorchak, PhD

[fedorchak@pitt.edu](mailto:fedorchak@pitt.edu)

**School:** Medicine; **Department:** Ophthalmology

Morgan Fedorchak is an Assistant Professor in the Department of Ophthalmology. Her research explores the utility of the current ocular drug delivery platform for posterior drug delivery. Specifically, she hopes to discover a validated method for achieving topical drug delivery to the posterior segment of the eye.

### Marquis Hawkins, PhD

[marquis.hawkins@pitt.edu](mailto:marquis.hawkins@pitt.edu)

**School:** Public Health and Health Sciences; **Department:** Epidemiology

Marquis Hawkins is an Assistant Professor in the Department of Epidemiology. His research explores the integrative relationship between physical activity, sleep, and maternal health and to develop translatable interventions for use in clinical and community settings.

### Hawre Jalal, MD, PhD

[hjalal@pitt.edu](mailto:hjalal@pitt.edu)

**School:** M **Department:** Health Policy and Management

Hawre Jalal joins the KL2 program as an Assistant Professor in the department of Health Policy and Management. His research focuses on the complex public health implications of the opioid epidemic. Specifically, the overarching goal of his research is to model this epidemic and forecast the outcomes of several of public health policy interventions.

### Tamar Krishnamurti, PhD

[Tamar.krishnamurti@gmail.com](mailto:Tamar.krishnamurti@gmail.com)

**School:** Medicine; **Department:** General Internal Medicine

Tamar Krishnamurti is an Assistant Professor in the Department of General Internal Medicine, with a focus on decision sciences. The overall goal of Tamar's project is to create a machine learning app-based tool that will provide women with the knowledge and means to minimize adverse birth outcomes and early postpartum risks.

### Thomas Radomski, MD, MS

[radomskitr@upmc.edu](mailto:radomskitr@upmc.edu)

**School:** Medicine; **Department:** Medicine; **Division:** General Internal Medicine

Thomas Radomski is an Assistant Professor and Health Services Researcher within the Division of General Internal Medicine. His research is focused on understanding and improving the value of healthcare within the United States. Specifically, he is interested in how the receipt of care across healthcare systems influences health service utilization, outcomes, and value. The objective of his current research is to identify the prevalence, determinants, and secular patterns of low value health service use among Veterans, with a focus on dual use of VA and Medicare services. He is also developing a medication-based risk adjustment index for comparing outcomes between VA and non-VA healthcare systems.

**Jeremy Tilstra, MD, PhD**

[tilstraj@upmc.edu](mailto:tilstraj@upmc.edu)

**School:** Medicine; **Department:** Rheumatology and Clinical Immunology

Jeremy Tilstra's research explores the implications of autoimmune disease on T-cells in target tissues. His research focuses specifically on the disease initiation and end-organ damage in Systemic lupus erythematosus (SLE).

Jeremy's overarching goal is to define SLE pathogenesis and consider new therapeutic avenues for the disease.

**Amery Treble-Barna, PhD**

[tilstraj@upmc.edu](mailto:tilstraj@upmc.edu)

**School:** Medicine; **Department:** Physical Medicine and Rehabilitation

Amery Treble-Barna is Assistant Professor in the Department of Physical Medicine and Rehabilitation. Her research seeks to develop a comprehensive understanding of the developmental, genetic, epigenetic, neuropathological, and environmental factors that interact to influence neurobehavioral recovery from pediatric TBI.

**Deanna Wilson, MD, PhD**

[wilsonjd@pitt.edu](mailto:wilsonjd@pitt.edu)

**School:** Medicine; **Department:** General Internal Medicine

Deanna Wilson joins the KL2 program as an Assistant Professor in the School of Medicine. Her research addresses chronic pain and opioid use in adolescents and young adults. Through her research, she hopes to understand the connection between chronic pain and opioid use disorders in adolescents and young adults and to develop a mindfulness intervention to reduce opioid use in this population.

## Multidisciplinary Advisory Committee (MAC)

**Wishwa Kapoor, MD, MPH**

*Medicine, Health Policy and  
Management*

**Jennifer Brach, PhD, PT**

*Health & Rehabilitation Sciences,  
Physical Therapy*

**Yvette Conley, PhD**

*Nursing*

**Michael J. Fine, MD, MSc**

*Medicine, Health Policy and  
Management*

**Solomon Fiifi Ofori-Acquah, PhD**

*Hematology/Oncology*

**Alejandro Hoberman, MD**

*Pediatrics*

**Charles Sfeir, DDS, PhD**

*Dental Medicine*

**Samuel M. Poloyac, PharmD, PhD**

*Pharmaceutical Sciences*

**Matthew Rosengart, MD, MPH**

*Surgery*

**Mark S. Roberts, MD, MPP**

*Health Policy and Management,  
Medicine, Industrial Engineering*

**Doris M. Rubio, PhD**

*Medicine, Biostatistics, Nursing*

## Expectations for the Scholars

The CTS provides an opportunity for Scholars to jump start their careers as multidisciplinary clinical researchers with protected time for research and training. We have developed a number of expectations for the Scholars that will help ensure success.

- Each Scholar is expected to pursue individualized training within the ICRE.
- Each Scholar is expected to attend all of the Career Development Seminars. These serve as opportunity for Scholars to communicate with the CTS Leadership and other Scholars.
- Each Scholar is expected to enroll in and participate in three ICRE courses; Best Practices in Clinical Research (CLRES 2141), Managing Your Career in Clinical and Translational Science (CLRES 2077) and the Advanced Grant Writing Parts I and II (CLRES 2071 & 2072).
- Each Scholar is to complete an online Customized Career Development Plan (CCDP) at the time of their appointment to the KL2. This must be maintained throughout the program.
- Each Scholar is expected to complete the University of Pittsburgh's CITI Training Modules.
- Each Scholar is expected to attend the annual Clinical and Translational Science conference.

# Program Requirements

## I. Career Development Seminars

Scholars are required to attend weekly, 1-hour Career Development Seminars that take place on Fridays at 8:00am-9:00am. Each CDS will have one of the following formats:

- Scholar Progress Report
- Professional Development Presentations
- Writing Group Session
- Advising Session

### A. Trainee Progress Report

- Scholars are expected to present a progress report on their status to the CTS Program Directors and fellow CTS scholars. The presenting scholars' primary mentor(s) are expected to attend these presentations. The scholar progress report presentation should have the following layout:
  - Start with a 'Pitch' < 5 minutes
  - Research Progress – 5 minutes
  - Progress on goals in the IDP – 5 minutes
  - Mentors report on progress – 5 minutes
  - Q & A – 10 minutes
  - **Please note:** No slides are to be used during the presentation.

### B. Professional Development Presentations

- Throughout the year, University of Pittsburgh professionals will be invited to attend the CDS and talk about their area of expertise. These meetings will take place one Friday a month from 8:00-9:00am. Past topics have included:
  - Entrepreneurship
  - Communicating Research
  - Commercialization
  - Time Management
  - Reproducible Research

### C. Writing Group Session

- Scholars will be assigned to a small group of peers. On a monthly basis, one member of each group will submit their one-page Specific Aims for review by their group. Groups are expected to review the Aims in advance of the CDS and come prepared to provide feedback. Statisticians will also be present to review the Aims.

## [II. Career Development Workshops](#)

Scholars will be asked to attend quarterly Career Development Workshops on Fridays from 8:00-12:00pm.

## [III. Mentoring](#)

Each scholar will have a primary mentor who will be an accomplished independent investigator and committed to the career development of their mentees. The scholar will have at minimum weekly contact and meetings with their primary mentors (often more frequently). In addition, each scholar may have additional one or more co-mentors, preferably from different disciplines, forming a multidisciplinary team. Mentors and mentees will complete a Mentoring Contract at the start of the program. This will outline the expectations for the mentoring relationship as a mentor and mentee. Mentors are also required to attend their mentee's annual Scholar Progress Report at the Career Development Seminars.

## [IV. Authorship Agreement](#)

Misunderstandings can happen when researchers collaborate on a manuscript. Some of these misunderstandings revolve around authorship order, people failing to adhere to agreed-upon revision timelines, or disagreements about where to publish the work. These tensions can strain collaborations and delay time to publication. Research indicates that early-career researchers find it difficult to initiate authorship conversations with their mentors.

The NIH encourages collaboration and has an interest in speeding publication and translation of research. To that end, we have implemented an **Authorship Agreement** form. Mentors and mentees are required to execute this written agreement before work begins on any manuscript, regardless of the mentee's position in the authorship order. The document sections are based upon suggestions and surveys of ICRE trainees, and upon the areas of tension most often cited in anecdotes or in the literature. It is editable so that rows can be added as the team working on the manuscript expands or contracts, or if the timeline changes. You can download the Authorship Agreement template at <https://www.icre.pitt.edu/ctskl2/mentoring.html>, and update it at mentor meetings.

Much like the Mentoring Expectations and Contract form, requiring an Authorship Agreement provides a learning opportunity for KL2 Scholars. Upon **submission** (not acceptance) of a manuscript, we are now asking mentees to email the completed Authorship Agreement form to [mayowski@pitt.edu](mailto:mayowski@pitt.edu). We appreciate your support in utilizing what we feel will be a beneficial tool in this important mentor/ mentee relationship.

Any questions may be directed to Colleen Mayowski, EdD, MLIS, [mayowski@pitt.edu](mailto:mayowski@pitt.edu) who is charged with implementing this requirement.

## V. Customized Career Development Plans

Scholars will complete an online Customized Career Development Plan at the start of the KL2 program. These plans will identify goals, objectives, and outcomes for the trainee. Once the CCDP is complete, it will be submitted to mentors and program directors for approval. The CCDP will be regularly updated and reviewed throughout the year by the trainee, mentoring team, and program director. The CCDP will be used to evaluate a trainee's success and opportunity for reappointment.

## VI. Course Requirements

It is strongly recommended that trainees take the following courses during their fellowship:

- Medical Writing and Presentation Skills (CLRES 2141)
- Managing Your Career in Clinical and Translational Science (CLRES 2077)
- Advanced Grantwriting Parts I and II (CLRES 2017 & 2072)

Course requirements will be tailored to each trainee's individual research background with the help of the CTS Fellowship program directors.

- **Medical Writing and Presentation Skills (CLRES 2141)**  
Online (generally offered in the Spring term)  
This course is designed for investigators (new and current) to aid in the understanding of conducting research. The course begins with how research projects are implemented and concludes with presenting findings from research. Conducting research is a life-long experiential learning process. As such, we have taken valuable experience from accomplished investigators to aid in the learning process so that new investigators learn from others' experience.
- **Managing Your Career in Clinical and Translational Science (CLRES 2077)**  
Thursdays, 1:00 p.m. to 3:00 p.m., Fall Term  
This course is designed for investigators in the clinical and translational sciences who want to master the basics of research group leadership and management so that they can effectively advance their careers. Topics covered include understanding how academic medical centers function, how to prepare budgets for research projects, how the PI sets the culture of the research group, and how to manage time and personnel. At the completion of the course, trainees should be able to demonstrate an understanding of the basic principles of teamwork, leadership and management, in the context of clinical and translational research endeavors.
- **Advanced Grant Writing Part I & Part II (CLRES 2071 & CLRES 2072)** Weekly,  
Tuesdays 1:00 p.m. to 3:00 p.m., CLRES 2071 offered in the Fall term, CLRES 2072 offered in the Spring term  
The purpose of the integrated methods course is to build on the skills learned in the methodological core and provide a hands-on research experience. Trainees will learn

the phases of the research process from conception to design and, ultimately, to implementation of the research. Through a combination of group seminars and independent work, trainees will use a research topic of their choice to develop their own research proposal in the form of an NIH grant application. The application will include sections on specific aims, background and significance, previous work, and methods. In addition, trainees will review and critique the work of their peers. Mentor must be identified prior to enrollment.

## Mock Review Sessions

The purpose of a mock review session is to provide a scientific review of grant applications that trainees plan to submit for external funding.

In order to request a mock review, you must submit an application to our website: <http://www.icre.pitt.edu/CRSPMockReview/Default.aspx>.

**Please Note:** Mock review requests must be submitted t-10 weeks before the award submission date.

The reviewers for each review session should fit within these guidelines:

- Two reviewers who are not ICRE faculty are identified with the assistance of the trainee and his or her mentors.
  - At least one of the external reviewers has expertise relevant to the content area of the grant application.
- One or two reviewers from the ICRE faculty are identified.
  - At least one of these reviewers has expertise in biostatistics or epidemiology.
- A peer reviewer from an ICRE training program is selected or volunteers.

All reviewers are strongly encouraged to provide written comments to the trainee.

The mock review sessions last about 1 hour. During the session, the reviewers follow these procedures:

1. For the first 30 minutes of the review, reviewers discuss the grant application.
  - Each reviewer states their initial score.
  - The primary reviewer gives an overall summary of the grant application, highlighting its strengths and weaknesses.
  - The secondary reviewers will offer additional comments.
  - Each reviewer states their final score, which may change based on the comments of other reviewers.
2. For the last half hour, the trainee who submitted the grant application will be permitted to ask the reviewers questions to clarify the points that they made during the mock review.
  - The Reviewers and trainee then brainstorm as to how the trainee can improve the grant application.
3. Mock reviews will be video recorded and a link will be provided to the scholar for review.

For more information on the mock review sessions, please contact Doris Rubio ([rubiodm@upmc.edu](mailto:rubiodm@upmc.edu)) and Lindsay Bell ([belllf@upmc.edu](mailto:belllf@upmc.edu)).

## Other Support – sample entry

**1 KL2 TR001856 (Kapoor)** 7/12/2017 – 6/30/2018 9.0 CM\*  
NIH/NCATS \$xxxxx\*  
The University of Pittsburgh Clinical and Translational Science Institute – Clinical and Translational Science Scholars Program

The Clinical and Translational Science (CTS) Scholars Program provides multi-disciplinary career development training, including didactic instruction and mentored research experience, to investigators preparing for careers in clinical and translational science.

## NIH Biosketch – sample entry

**1 KL2 TR001856 (Kapoor)** 7/12/2017 – 6/30/2018\*  
NIH/NCATS  
The University of Pittsburgh Clinical and Translational Science Institute – Clinical and Translational Science Scholars Program

The Clinical and Translational Science (CTS) Scholars Program provides multi-disciplinary career development training, including didactic instruction and mentored research experience, to investigators preparing for careers in clinical and translational science.

Role: Scholar

\*Note – Ask the CTS Scholars Program staff for dates and funding amounts specific to your KL2 award.

## Clinical Trials

- K award funds cannot be used to support clinical trials research beyond **Phase IIA**. Exceptions may be granted for rare diseases, but requires NIH prior approval and issuing of a revised Notice of Grant Award.
- Scholars must comply with all NIH data and safety monitoring (SM) requirements for clinical trials. Each clinical trial must have NCATS approved DSM plan / board before any grant resources (funds) used to support clinical trial.
- Clinical trials must be registered at ClinicalTrials.gov

## Publication Acknowledgment

*“Research reported in this publication was supported by the National Center For Advancing Translational Sciences of the National Institutes of Health under Award Number KL2TR001856. The content is solely the responsibility of the authors and does not necessarily represent the official views of the National Institutes of Health.”*

## Press Releases

Prior to issuing press releases concerning KL2 research, contact your CTS Scholars Program advisor. NIH requires advance notice of press releases to allow for coordination.

## NIH Public Access Policy

KL2 scholars must comply with the NIH Public Access Policy mandating public access to publications arising from NIH-supported research. For more information: <https://publicaccess.nih.gov/>

# NIH Inclusion Monitoring

- Scholars engaged in human subjects research must comply with NIH’s requirement for monitoring and reporting inclusion of individuals based on sex/gender, race, and ethnicity.

**For general information:**

[http://grants.nih.gov/grants/funding/women\\_min/women\\_min.htm](http://grants.nih.gov/grants/funding/women_min/women_min.htm)

**For a decision tree on types of research to which the policy applies:**

[http://grants.nih.gov/grants/funding/women\\_min/Women and Minorities Inclusion Decision Tree.pdf](http://grants.nih.gov/grants/funding/women_min/Women_and_Minorities_Inclusion_Decision_Tree.pdf)

- Data will be solicited each year as part of the KL2 annual report to NIH, and scholars will be asked to provide an Inclusion Enrollment Report for each of their applicable protocols, using the form below.

<b>Cumulative Inclusion Enrollment Report</b>										
This report format should NOT be used for collecting data from study participants.										
Study Title: <input style="width: 100%;" type="text"/>										
Comments: <input style="width: 100%;" type="text"/>										
<b>Ethnic Categories</b>										
Racial Categories	Not Hispanic or Latino			Hispanic or Latino			Unknown/Not Reported Ethnicity			Total
	Female	Male	Unknown/Not Reported	Female	Male	Unknown/Not Reported	Female	Male	Unknown/Not Reported	
American Indian/Alaska Native	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	0
Asian	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	0
Native Hawaiian or Other Pacific Islander	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	0
Black or African American	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	0
White	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	0
More Than One Race	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	0
Unknown or Not Reported	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	0
<b>Total</b>	0	0	0	0	0	0	0	0	0	0

PHS 398 / PHS 2590 (Rev. 08/12 Approved Through 8/31/2015) Page  OMB No. 0925-0001/0002 Cumulative Inclusion Enrollment Report

# NIH Prior Approval and Notification – Policies & Procedures

**Background:** In 2012, NIH issued new notices that advised investigators that in certain circumstances NIH prior approval must be obtained before spending NIH research funds on a new or modified research protocol involving human subjects. The full notices are available at:

<http://grants.nih.gov/grants/guide/notice-files/NOT-OD-12-129.html>

<http://grants.nih.gov/grants/guide/notice-files/NOT-OD-12-130.html>

As a scholar or trainee provided with pilot funding through the NIH/NCATS-funded Clinical and Translational Science Institute (CTSI), these policies apply to you.

**Note:** Human subjects protocols that qualify for an exemption (categories 1-6), and animal studies entailing IACUC approval, require formal NIH notification but not prior approval. Please see table below for more information.

**Procedures:** To comply with these requirements, all KL2 Scholars are required to notify ICRE Administrator, Megan Miller ([messt82@pitt.edu](mailto:messt82@pitt.edu) / 692-2018) in advance whenever planning to submit a new or modified protocol to the IRB. New protocols for which you are the Principal Investigator will automatically require NIH prior approval. For modifications, you will be asked for information to determine whether the change constitutes a significant ‘change in scope.’

To expedite things as much as possible, it’s advisable to prepare your NIH prior approval paperwork in advance at the same time you submit your IRB approval. As soon as you get your IRB protocol approved, the prior approval request can then be submitted to NIH. Expect prior approval to take 1-2 months to obtain after IRB approval. Please contact Patrick for information about the forms to complete and the expected timeline for approval.

## **NIH Prior approval is required when:**

- You are named as the Principal Investigator of the IRB protocol (i.e., not your mentor) AND
  - For all newly approved, non-exempt Human Subjects IRB protocols
  - For modifications to ongoing protocols that are deemed to increase risks to subjects (consult ICRE coordinator)

## **NIH Prior approval requires:**

- Completion of several forms summarizing your IRB protocol
- Submission of these forms along with your IRB approval form to NIH

## **While waiting for NIH prior approval:**

- No CTSI funds may be spent toward the aims of the new / modified protocol

under review

- You may begin work on the protocol if no expenses are incurred, or if expenses can be charged to departmental (“hard money”) accounts
- Any expenses incurred prior to NIH approval being granted **cannot** be transferred to your CTSI program funds retroactively

**NIH Notification is required when:**

- You are named as the Principal Investigator of the IRB / IACUC protocol (i.e., not your mentor) AND
  - For all newly approved, Human Subjects IRB protocols that qualify for an exemption (see PHS 298 Instructions, Part II, Section 3., Scenario C. [http://grants.nih.gov/grants/funding/phs398\\_rev06-2009/phs398.pdf](http://grants.nih.gov/grants/funding/phs398_rev06-2009/phs398.pdf))
  - For all newly approved IACUC protocols

**NIH Notification requires:**

- Completion of several forms summarizing your IRB / IACUC protocol
- Submission of these forms along with your IRB / IACUC approval form to NIH

**NIH Notification:**

- Does **not** prevent you from starting work on your new IRB / IACUC protocol or spending CTSI funds toward the new protocol

# Guidelines for Use of KL2 Career Development Funds

## *Introduction*

This guide describes University of Pittsburgh and NIH policies that govern the use of the \$25,000 awarded to you for research and career development costs under the KL2.

Please pay special attention to the **HIGHLIGHTED NOTES**; these are common mistakes

that have caused scholars time, money, and frustration in the past.

***A FEW PRELIMINARY DO'S AND DON'TS...***

Please <b>DO...</b>	...and please <b>DON'T</b>
<ul style="list-style-type: none"> <li>Use us as a resource! Check with us for advice and help on buying things, arranging travel, hiring people, and purchasing services. Save yourself money, time, and frustration.</li> </ul>	<ul style="list-style-type: none"> <li>Buy anything with your own money before checking with us; some things are not allowable and can't be reimbursed</li> </ul>
<ul style="list-style-type: none"> <li>Keep original receipts and turn them in promptly for reimbursement</li> </ul>	<ul style="list-style-type: none"> <li>Allow someone to work on your research and try to figure out how to pay them later. Always talk to us first about options for hiring and paying people – it can be complicated.</li> </ul>
<ul style="list-style-type: none"> <li>Plan your spending to use funds effectively throughout the year. Pay attention to your monthly reports. Don't wait until the last minute.</li> </ul>	<ul style="list-style-type: none"> <li>Obtain bio-materials or data without first getting a materials transfer agreement or data use agreement</li> </ul>

***I. Research Costs – Supplies, Services, and People***

**A. Computers and Software**

***WE MUST BUY IT FOR YOU:***  
*\*\*The ICRE Fiscal Coordinator must purchase all computers and software. All purchases will be made through University of Pittsburgh purchasing systems.*

- Computers** – You must provide a written justification explaining why the computer (e.g., laptop, iPad), including any requested hardware features, is required to complete the specific aims of your proposed research. Approval will **not** be given to purchase computers for general purposes (e.g., web access, writing papers). The ICRE Fiscal Coordinator, who must make this purchase through University of Pittsburgh purchasing systems, has limited access to models, features, and brand names. If your justification is approved, the ICRE Program Coordinator will find the computer product that most closely matches your request.
- Software** – The ICRE Fiscal Coordinator must order any software that is required for your research. You must provide a research justification, description, and

web link to the requested software.

## B. Research Personnel and Services

- Please talk to the ICRE Fiscal Coordinator before allowing any individual or any organization to begin working on your research project. This includes services you may seek from individuals or companies for transcription, statistical or specimen analyses, etc. The rules for who may be hired or contracted with are complicated by many factors, and we can help you sort them out quickly.

### **NO RETROACTIVE PAY:**

*\*\* If you allow an individuals or organizations to provide effort and services without first working with us to establish the appropriate payment mechanism, we cannot pay them for work done prior to the proper steps being taken to establish payment (e.g. hiring of personnel, written service agreement).*

## C. Data and Biomaterial Purchases

- The acquisition and/or purchase of data sets (e.g., public health data from the government or a private agency) and biomaterials require execution of a signed **Data Use Agreement (DUA)**, or **Materials Transfer Agreement (MTA)**. These contracts between the University of Pittsburgh and the agency providing the data or materials govern proprietary, confidentiality, and other legal issues, and must be signed off before data or materials are received.

### **PLAN AHEAD:**

*\*\* Executing a DUA or MTA can take several weeks or even months, so please plan accordingly.*

## D. Participant Payments

- We can set you up in the University's online 'We Pay' system that allows you to pay research participants using pre-loaded debit cards. Please allow 4 to 6 weeks for full setup of We Pay services for your research study. Setup includes mandatory training.

## E. Supplies

- **Lab** – We can buy lab supplies at special contracted prices from companies such as Fisher Scientific, R&D Systems, and many others. We can review supplier options with you.
- **General research supplies** – We can purchase limited stock and brand supplies at discount prices. If you need a general supply product, we can order from one of the brand names available.

## F. Meals/Food

- Meals and other food purchases are generally not paid or reimbursed from research funds. An exception can be made if food is provided to a gathering of research study participants, or for certain types of ‘business’ meetings. Please check with us.

## II. Travel costs – Registration, Planes, Hotels, and Food

**\$2,500 limit:** *\*\*The KL2 now limits annual conference travel expenses to \$2,500, including registration fees, air fare, lodging and per diem. Please plan accordingly.*

**Please Note:** *All purchasing and travel requests must be made by completing a travel request or purchase request form and sending to [ICRETRVL@pitt.edu](mailto:ICRETRVL@pitt.edu)*

**RECEIPTS:** *\*\*When submitting receipts for your conference travel, include the name of the conference, dates of travel, and an itemized list of all receipts that should be reimbursed. All receipts must be the original and sent as a pdf or dropped off in person. Pictures of receipts will not be accepted.*

- **Registration Fee**– we can pay for registration fees in advance. If you choose to pay the registration fee personally (i.e. use your own credit card), you will be reimbursed only after the event is complete.
- **Flights** – You must find your flight online and give the ICRE Fiscal Coordinator the flight information to purchase the tickets through the University of Pittsburgh travel agent. Although the University of Pittsburgh Travel Agent charges a \$25 service fee, the Pitt Travel Agent allows you to charge the cost directly to your KL2 grant funds. If you choose to purchase the flight yourself, reimbursement must wait until after the event is complete. **\*\*You will only be reimbursed for flights out of Pittsburgh International Airport, directly to and from the event. If you are flying to another event before flying back to Pittsburgh, please notify me before making arrangements.**

**ADVANCE PAYMENT:**

**\*\*Registration fees and flight costs are allowable costs only for conferences that will be attended during the same budget year (ending May 31st). KL2 funds cannot be used to pay in advance for conferences that will occur after the end of the current KL2 budget period, except in cases when a scholar will be reappointed for a subsequent year.**

- **Hotel** – You can be reimbursed for conference stays only after travel is complete. You must provide an itemized hotel checkout slip or zero balance print out. Allowable charges are limited to room charges, taxes, and internet service only.

**PAY YOUR OWN BILL:**

**\*\*You must pay for your own hotel bill. Do not use your credit card to pay the bill of colleagues, or allow them to pay for you. University travel policy does not permit reimbursement for rooms occupied by anyone other than you.**

**ROOM SERVICE:**

**\*\*Room service is unallowable unless there is an itemized receipt detailing the charges. Hotel stays that extend beyond the conference time frame will not be reimbursed.**

- **Food and incidentals** – For reimbursement of the cost of your food and other incidentals (e.g., tips, taxi fare), you have a choice. You may either submit receipts for your exact out of pocket costs, or request Government set ‘per diem’ reimbursements that vary by city. For government per diem rates, see [www.gsa.gov/mie](http://www.gsa.gov/mie). If you choose to be reimbursed for exact receipts, your total daily reimbursement cannot exceed the government per diem limit. You must keep your original itemized receipts to receive reimbursement for all meals, taxi fares, tolls, and public transit fees.
- **Parking** – With original receipt, you can be reimbursed for parking outside of Pittsburgh City Limits when traveling to conferences.
- **Personal Car Use** – If you use your car for conference travel, we can pay a mileage rate based on federal guidelines. Distance to the destination will be based on departing from the University of Pittsburgh Oakland campus. We cannot pay for gasoline costs on personal cars.
- **Vehicle Rental** – All vehicle rentals must be pre-approved. Check with us for discount codes that can be applied to rentals.

**III. Academic Costs: Tuition & Books****A. Tuition**

- We can pay your bill for tuition and fees directly from your KL2 funds. Please let us know when you register for classes that you want to use your KL2 funds to pay for them.

- If you add or drop a class, please email us and let us know so we can pay the extra bill and keep a record of refunds.
- KL2 funds cannot be used to pay the 'Graduate Activity Fee' (typically \$6-\$12). You must pay this with a personal credit card.

## B. Books

- To be eligible for reimbursement, you must purchase books directly from the Pitt Book store.
- Books you purchase at scientific conferences are also reimbursable.
- We can also purchase the books for you from the Pitt Book store. Just send us the information.

### **ONLINE BOOKS:**

***\*\*You cannot be reimbursed for books purchased from other stores or online sources, such as Amazon.***

## CITI Modules

### Human Subjects Research – Training Modules

*NOTE: Please allow 3-5 hours to complete all of the modules*

#### **Step 1: Create an HSConnect Account:**

- Click: [www.hsconnect.pitt.edu](http://www.hsconnect.pitt.edu)
- Create HS Connect account; use your Pitt or other email address as a log-in and create a password.

#### **Step 2: Complete 3 CITI training modules:**

- Click: <http://www.citi.pitt.edu/citi/>
- Log in with your HSConnect Account login and password
- Follow the prompts to create your CITI account affiliated with the University of Pittsburgh
- Click 'Add a course or update your learner groups'
- Make the following selections and complete the following training modules:
  - Question 1 - Conflict of Interest training – answer 'Yes' to choose the *Conflict of Interest (COI) Training Course for PHS-funded researchers*
  - Question 2 – Responsible Conduct of Research – choose the module most relevant to your area of research, either *Biomedical or Social and Behavioral* responsible conduct of research
  - Question 3 – Human subjects research – choose *Biomedical or Social & Behavioral* research

#### **Step 3: Complete HIPAA training module (if required)**

If you will be accessing the medical records for any research purpose (recruitment, screening, obtaining lab values, etc.), you will also need to take "HIPAA Researchers Privacy Requirements."

- Go to the Studies in Education and Research page: <http://cme.hs.pitt.edu/>
- Log in with your HSConnect Account
- Under Module Listings, click the HIPAA subfolder
  - Select and complete: *HIPAA Researchers Privacy Requirements*

#### **Step 4: Send us your certificates**

- Email or fax (412-586-9672) copies of each certificate

#### **Notes:**

- CITI Modules will expire after 3 years.
- CITI Modules are transferable between other institutions that utilize CITI.
- The HIPAA module does not expire.

## Animal Research – Training Modules

### **Step 1: Create an HSConnect Account:**

- Click: [www.hsconnect.pitt.edu](http://www.hsconnect.pitt.edu)
- Create HS Connect account; use your Pitt or other email address as a log-in and create a password.

### **Step 2: Complete relevant Internet-based Studies in Education and Research (ISER) training modules:**

- Go to the Studies in Education and Research (ISER) page: <http://cme.hs.pitt.edu/>
- Log in with your HSConnect Account
- Under *Module Listings*, click the *Animal-Based Research Modules* subfolder
- Select and complete the following modules:
  - *Research Integrity*
  - *Use of Laboratory Animals in Research & Education – Update*
  - *Other species specific modules that apply to your research (see IACUC Training Chart at <http://www.iacuc.pitt.edu/training>)*

### **Step 3: Complete CITI training modules:**

- Click: <http://www.citi.pitt.edu/citi/>
- Log in with your HSConnect
- Follow the prompts to create your CITI account affiliated with Pitt
- Click *'Add a course or update your learner groups'*
- Make the following selections:
  - Question 1 - Conflict of Interest training – answer 'Yes' to choose and complete the *Conflict of Interest (COI) Training Course for PHS-funded researchers* course
  - Question 2 – Responsible Conduct of Research – choose the module most relevant to your area of research, either *Biomedical* or *Social and Behavioral* responsible conduct of research
  - Question 3 – Human subjects research – choose *'No, not at this time'* to skip out.

### **Step 4: Send us your certificates**

- Email or fax (412-586-9672) copies of each certificate to your designated ICRE Program Coordinator.

### **Notes:**

- CITI Modules are transferable between other institutions that utilize CITI.
- The Research Integrity module does not expire. All other modules expire after 3 years.

## Association for Clinical and Translational Science

<http://www.actscience.org/>

The Association for Clinical and Translational Science (ACTS) is the premier organization in the field, and is active in the realms of:

- **Research** – improving the efficiency with which new therapies may reach the public
- **Education** – serving as the academic home for all educational activities for the full spectrum of translational sciences
- **Advocacy** – engaging at all levels with other professional organizations
- **Mentoring** – facilitating collaboration and professional relationships between trainees and mentors

ACTS holds an Annual Meeting that brings together all of the disciplines involved in clinical and translational research and all of the participants in the field—including trainees, investigators, educators, as well as representatives from industry and government. Due to the multidisciplinary and multidimensional nature of the field, collaboration and interfacing is practically a prerequisite for success—and the Annual Meeting provides an ideal opportunity for networking and advancement.

TL1 Fellows are required to attend the annual meeting, unless a compelling reason not to attend is provided. Trainees can apply for a travel award to assist with the conference expenses.

Our fellows consistently return from these meetings full of praise for how helpful the conference is for their careers:

- **Inspiring** – Participants are inspired by stories of success in clinical and translational research and its positive impacts on people’s lives
- **Informing** – Attendees learn of the most up-to-date and valuable information in the field
- **Supporting** – Trainees are provided with a supportive forum to present their research to a broad array of investigators
- **Providing resources** – Participants are presented with novel methods, best practices, and resources to achieve successful translation
- **Developing** – The meeting offers high-quality career development programs for trainees and mentors to progress in their roles

Recent plenary presentations have featured directors of CTS Institutes at universities across the country, and officials in the Department of Health and Human Services, the National Institutes of Health, the FDA, as well as advocacy organizations for pharmaceutical research companies.

### **Save the Date!**

2018 ACTS Translational Science Conference

March 5-8, 2019

Washington Marriot Wardman Park

Washington, D.C.

## Evaluation/Tracking

### I. Purpose of Evaluation/Tracking

The ICRE takes several steps to continuously evaluate the CTS Scholars Program. Through year-round evaluation and tracking, we are able to identify strengths and weaknesses of the program, chart career progress of Scholar outcomes, determine appropriate modifications to the program, and comply with NIH requirements for rigorous evaluation. **Timely Scholar participation in the evaluation process is greatly valued and crucial to the continued success of the program.**

### II. Evaluation Mechanisms

The ICRE has several mechanisms to help ensure that evaluation is thorough and multi-faceted. These include:

- **A detailed web-based tracking portal** – this system helps us track Scholar progress as they advance in the program and their careers
- **Annual surveys of Scholars and mentors** – these surveys are critical to the evaluation of the program and help us evaluate completed milestones and objectives of Scholars, mentor-mentee relationships, academic productivity, and any appointments or promotions obtained by Scholars
- **Course and seminar evaluations** - evaluation of courses and seminars developed for this program are important for determining what aspects are most beneficial during Scholar training

### III. Example Outcomes

The ICRE tracks a number of short- and long-term outcomes. Below is a list of some examples that highlight the main goals of our evaluation strategy:

#### **A. Short-Term Outcomes**

- Scholars' satisfaction with the program (didactic training and mentored research)
- Percentage of Scholars submitting grant applications to NIH or other agencies
- Percentage of Scholars dedicated to careers in multidisciplinary clinical/translational research

#### **B. Long-Term Outcomes**

- Percentage of current effort in multidisciplinary research
- Grant funding on multidisciplinary projects
- Number of core faculty positions held at a multidisciplinary center or institute
- Number of presentations and publications produced by Scholars

### IV. IRB & Informed Consent

IRB approval has been obtained for our data collection and evaluation of the CTS Scholars Program. Some of the data we collect from our evaluation surveys are used to inform our research

concerning successful education, training, and careers of clinical/translational scientists. For this reason, informed consent is obtained from Scholars prior to completing their initial survey.

# Appendix A. Authorship Agreement Form

(Download the template at <https://www.icre.pitt.edu/ctskl2/mentoring.html> )

## Authorship Agreement

This agreement is intended to help establish and maintain clear expectations regarding authorship. It should be considered a *living document* that is revisited during meetings and revised as needed.

### Working Title of Manuscript:

[Write title here]

### Authorship Criteria

Authors included on this manuscript should satisfy the [criteria for authorship](#) recommended by the Committee of Medical Journal Editors (ICMJE):

1. Substantial contributions to the conception or design of the work; or the acquisition, analysis, or interpretation of data for the work; AND
2. Drafting the work or revising it critically for important intellectual content; AND
3. Final approval of the version to be published; AND
4. Agreement to be accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

### Authorship Order

Please list authors in the order they will appear on the publication, adding rows as necessary.

Name	Author Position	As author, I commit to... (e.g., writing the first draft, designing the tables, writing the methods section, corresponding with journal)	Date
1	First Author		
2	Second Author		
3			
4	Senior Author		

### Publication Goal

Intended Journal
------------------

First Choice	Clinical and Translational Science Scholars Program
Second Choice	
Third Choice	

### Submission Goal

This manuscript will be submitted to the intended journal on:
MM/DD/YYYY

### Next Deliverables and Deadlines

Identify key deliverables and deadlines, adding rows as needed.

	Date	Deliverable(s) (e.g., first draft, feedback on draft, second draft)	Person responsible
1			
2			
3			

Upon submission (not acceptance) of the manuscript, please email a copy of the completed form to:  
 Colleen A. Mayowski, EdD, MLIS  
 Assistant Professor  
 Department of Medicine and  
 Clinical and Translational Science Institute  
 Assistant Director for Mentor Training  
 Institute for Clinical Research Education  
[mayowski@pitt.edu](mailto:mayowski@pitt.edu)

Mentoring is critical to career success in research. Each fellow will have a primary mentor who will be an accomplished independent investigator and committed to the career development of their mentees. The fellow will have at minimum weekly contact and meetings with their primary mentors (often more frequently) since the fellow will be working in the laboratory of the primary mentor or work on a related project. In addition, each fellow may have additional one or more co-mentors, preferably from different disciplines, forming a multidisciplinary team. We will obtain written commitments from all of the mentors to have continuous involvement with the fellows throughout the program. Because the fellowship is promoting team science through the conduct of multidisciplinary research and the use of team mentoring for mentees, the entire mentoring team will meet with the mentee at least monthly to design and plan the research projects, complete or update [authorship agreement forms](#), discuss progress, provide advice on project management, and to help guide data collection, analysis, and manuscript preparation.

### Expectations for Mentors

1. **Team meetings with the mentee.** There should be a minimum of one hourly meeting of the primary mentors and the mentee per week, and one hourly meeting per month of the entire mentoring team and the mentee.
2. **Attending fellow's presentations.** The mentoring team is expected to attend meetings and seminars in which the mentee is presenting.
3. **Evaluation.** The mentoring team will participate in biannual evaluations and assessments of mentoring relationships.
4. **Confidentiality.** The content of all exchanges between the team mentors and the mentee are subject to the expectations of professional confidentiality.
5. **Customized Career Development Plan (CCDP).** The mentors are expected to review, approve, and monitor progress of mentee's CCDP.

### Expectations for Mentees

1. **Team meetings with mentors.** There should be a minimum of one hourly meeting with the primary mentors per week and at least one hourly meeting twice a year with the entire mentoring team.
  2. **Training.** The mentees participate in the half-day training to obtain skills in working in with mentors in a team science environment.
  3. **Fellow's presentations.** The fellows present their work at research-in-progress meetings and at seminars with the mentoring team in attendance.
  4. **Evaluation.** The mentee will participate in biannual evaluations and assessments of the mentoring relationships.
  5. **Confidentiality.** The content of all exchanges between the team mentors and the mentee are subject to the expectations of professional confidentiality.
- 
6. **Customized Career Development Plan (CCDP).** Develop CCDP, review CCDP with mentor and TL1 director, and review progress.

We, acting as team mentors and mentee, agree to enter into a team mentoring relationship based on the expectations described above.

\_\_\_\_\_ (mentor's signature)

date \_\_\_\_/\_\_\_\_/\_\_\_\_

\_\_\_\_\_ (mentor's signature)

date \_\_\_\_/\_\_\_\_/\_\_\_\_

\_\_\_\_\_ (mentee's signature)

date \_\_\_\_/\_\_\_\_/\_\_\_\_

\_\_\_\_\_ (KL2 director's signature)

date \_\_\_\_/\_\_\_\_/\_\_\_\_

## Appendix C: CTS Fellowship Purchasing Form

Purchase requests should be sent to [ICREPURC@pitt.edu](mailto:ICREPURC@pitt.edu)

**Purchasing Order Form**

**Requested By:**

Is order > \$5000?	Y or N	<b>Ship to Address:</b>
If less expensive items can be found, can it be purchased elsewhere?  <b>**If the item ordered is a computer, laptop, or piece of equipment, justification of the purchase is needed.</b>	Y or N	

Order Date	Company Name/Website	University Supplier Y/N	Qty	Unit	Item # (Catalog #)	Item Description	Price/Unit	Total Price